

Working party with Joyce & Roger Tyler

Joyce and Roger would really appreciate some help on their smallholding in Kingsbridge on Sunday 12th July from 1pm onwards. This is a wonderful opportunity to have a look at all the hard work that is done on their 6½ acres of land and meet the goats and ducks.

There are a variety of jobs on the land that need doing for you to choose from, such as clearing a stream, feeding the shredding machine or

cutting undergrowth and hedges. Jobs to suit everyone!

Food and drinks will be provided throughout the afternoon and you will be paid for your time in Bridges. There is parking space at the venue and the address is: Dennings, Wallingford Rd, Kingsbridge.

If the weather is bad then it will be postponed until the following Sunday. If you are

not sure then ring Joyce on 01548 853287.

Bring your own wellies!

There will be produce for you to purchase too.

So use it as an excuse to get together with other LETS members and enjoy a Sunday afternoon in the sun.



Joyce trading with Georgina at the May market

LETS PROFILE a new member: 188 DONNA McCHEYNE MAR, MICHT, IHHT, SNHS, USUI

Donna lives in Salcombe, South Devon with her husband, Marcus, and labrador, Jasper, where they enjoy a fun yet peaceful life together.

She is a qualified Holistic & Complementary Therapist, offering Reflexology, Indian Head Massage, Reiki, Hopi Ear Candles, Aromatherapy Massage and Swedish Massage from her home-based treatment studio in Salcombe.

Donna also runs courses in Baby Reflexology and Reiki Level I & II and is the group

co-ordinator for the Kingsbridge FHT Local Support Group for Therapists and the Devon area representative for the UK Reiki Federation; for both of which regular meetings are held and anyone is welcome to attend. She is a member of The Association of Reflexologists (MAR), The International Council of Holistic Therapists (MICHT) and a is Teacher Member of UK Reiki Federation.

Donna, who says "Every client becomes a friend and my time spent with each is

enhanced by the enjoyment and development gained from every treatment", has recently joined the Kingsbridge LETS scheme and is happy to trade Reflexology and Massage treatments as part of the scheme. Sessions are available for 15 Bridges + £10.

We welcome Donna to the LETS scheme. You can contact her on: 01548 844855, 07941 508 004, info@donnamccheyne.com, or visit her website www.donnamccheyne.com



Donna with longer hair!

"Every client becomes a friend....."

We also welcome new member ELEANOR CHANDLER (191): Tel : 01803 865793 offers category 7 Garden Design semi-skilled 5B/hr. Requests: category 4 Bicycle Repair. Hope to have a short article about Eleanor in the next issue.

Editorial by Hara

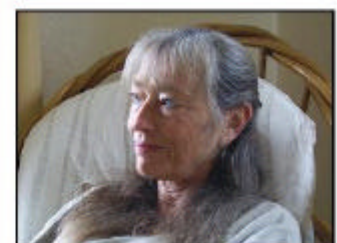
Thank you for all your positive comments on the new look News Update. I have certainly had fun putting it together and taking photos of you all at the events! My latest idea is the LETS Profile article which has its debut in this issue. I hope it will help us get to know each other more and thus improve trading as well as giving us

more ideas on how to improve the scheme. I appreciate Pauline sending a recipe too and hope this can be a regular feature. Do send in your articles should you so wish.

We are now looking to arrange some social events for the autumn months. Please send in your ideas for

events or happenings that you could hold or events you would like to attend.

Fritjof Capra, in his talk in Totnes this week, said how important alternative currencies are going to be in the future. So lets get LETS going strong over the next few months and do lots of trading! Enjoy the summer!



Hara in pensive mood